FERINOS (c) One-Stop Counseling Shop

Draw!	Act It!	Think!	Talk it Out!	True or False?
10	<u>10</u>	<u>10</u>	<u>10</u>	<u>10</u>
<u>20</u>	<u>20</u>	<u>20</u>	<u>20</u>	<u>20</u>
<u>30</u>	<u>30</u>	<u>30</u>	<u>30</u>	<u>30</u>
<u>40</u>	<u>40</u>	<u>40</u>	<u>40</u>	<u>40</u>
<u>50</u>	<u>50</u>	<u>50</u>	<u>50</u>	<u>50</u>

Draw what your mom looks like when you get good grades on your report card.

Draw! – 40 pts.



Name 2 positive and 2 negative emotions.

Think! -30 pts.



Name 3 people you could talk to if you were feeling frustrated, upset, or sad.

Talk it Out! - 30 pts.

