



Yoga for Kids

COLORING



Yoga for Kids Coloring Pages

Thanks for purchasing this product!



This bundle contains 27 different yoga coloring pages you can use to help teach kid-friendly yoga poses. They are a great resource for mindfulness time, calm down corners, brain breaks, physical education classes, or any time you want your students to improve their strength, flexibility, and focus.



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Also
Check
Out:



Yoga for Kids Posters
Yoga for Kids Bingo Game
Growth Mindset Tab Book

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Credits

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CHILD'S POSSE

PREVIEW ONLY

This pose relaxes the
body, calms the mind,
and restores a sense of
well-being.

WARRIOR



This pose stretches the legs, strengthens the shoulders, arms, and back, and improves stamina.

COW



This pose stretches the back and neck, opens the chest, and calms the mind. It goes great with cat pose.

CAT



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This pose stretches the back and neck, opens the chest, and calms the mind. It goes great with cow pose.

SAVA SANA



This pose allows the body a chance to regroup, regroup, and relax. It's a great way to end yoga time.

DANCERS POSE

This pose strengthens the legs,
stretches the shoulders and
chest, improves balance, and
focuses the mind.